

Parks, Recreation and Historic Preservation

For Immediate Release:

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APRIL PROGRAMS AT MOREAU

(March 8, 2019 Gansevoort, New York...) Moreau Lake State Park announces the following programs for the month of April.

Ratings: Beginner, Moderate, Advanced, Expert

**Please note our rating system is based on generalizations and is not meant as a guideline for hikes everywhere. These ratings take into consideration not only terrain but distance traveled and are only comparative to Moreau Lake. Please call the park office for more information if you have any questions about hikes, 518-793-0511.

April 1, 2019

April Fool's Day Hike

Come on this family friendly hike around the lake as we stop to discuss different ways animals "trick" their predators from finding or eating them. Some animals camouflage, while others are poisonous, or maybe they mimic other, scarier animals. There is even a native to our park that likes to play dead! Please call the office to make reservations, 518-793-0511. We will meet at the park office where you will pay for the event. Adults are \$2, children and seniors are \$1. Hope to see you there!

April 2, 2019Lake Bonita to Lake Ann Hike1:00p.m.-4:30p.m.A Park Educator will lead this hike through part of the woods over at Lake Bonita to Lake Ann.
This is a bit of a longer hike but on rather flat land with some ups and downs. This hike will
take us about 2.5 miles one way to a beautiful bog. There is a lean to at Lake Ann that we can
stop and have lunch at. Make sure to bring some water. Please call for reservations with 24
hours advanced notice, 518-793-0511.

Rating: Moderate

April 4, 2019

Knee High Naturalist

10:00a.m. AND 2:00p.m.

This class is intended for children ages 1-6 and their parents/guardians along with any siblings. We will read a short story or two based on the outdoors and then go for a short hike hoping to see some cool wildlife. Registration is necessary with 24-hour advanced notice, please call 518-793-0511. Please stop at the office first to pay for the event. Each child costs \$1.

10:00a.m.

April 4, 2019

Bark up a Tree

Bring the whole family on this 2-3-mile dog friendly hike. Please make sure your dog is well behaved and leashed. We will start at the office. Trail subject to change according to weather and trail conditions. Please call to reserve your spot 24-hour advanced notice at 518-793-0511. Program fees apply.

April 5, 2019

Red Oak Ridge Hike

Though challenging this hike is about 2.5 miles round trip. You will be climbing about half way up the mountain range and walking through some special places our educator will point out as well as stop to enjoy. Please bring water on this hike. Registration is necessary with 24 hours advanced notice, please call 518-793-0511. Program fees apply.

Rating: Moderate

April 6, 2019

Waterfall Trail Hike

We will start this hike over at the Lake Bonita parking area. From there we will hike the Lake Bonita trail towards the Waterfall trail. We will hike down the Waterfall trail making it a little less challenging and end at the Spring overlook parking area where we will shuttle cars back to Lake Bonita. Program fees apply. Please call the park office with 24-hours advanced notice to reserve your spot, 518-793-0511. Please meet and pay at the park office.

Rating: Beginner

April 8, 2019

Friends Meeting

The Friends of Moreau Lake State Park is a non-profit 501(c)(3) organization dedicated to the support and promotion of environmental education programs and other activities at Moreau Lake State Park. Come to the monthly meetings where we will discuss our next events and general members' information. New members are always welcome. Meetings are held in the Nature Center.

April 9, 2019

Potters Point Hike

Take a walk in the woods on this easily navigable and trail free parcel of the park. There will be beautiful views of the Hudson River and some neat natural wonders to explore. This is a flat, bushwhacking hike. Reservations are required with 24 hours advanced notice, please call 518-793-0511. Meet and pay at the park office. \$1 for kids and anyone over 62, \$2 for everyone else.

Rating: Beginner

April 11, 2019

Red Oak Ridge Hike

A park naturalist will lead as we hike along this steep but short hike up to the Spring Overlook. This almost mile long trek one way is one of the favorites at the park. Once at the top you will see a beautiful view of the Hudson River. Reservations are required with 24-hour advanced notice, please call 518-793-0511. Fees apply.

April 12, 2019

Moreau Overlook Hike

This hike is one of our most strenuous here at Moreau. We will be hiking 0.9 miles up to the beautiful view of Moreau Lake. This is a steep hike and towards the end it gets a bit rocky. Bring plenty of water and a snack or lunch to eat at the overlook. Registration is required with 24 hours advanced notice, please call 518-793-0511. Please meet and pay at the park office, \$1 for 62+ and children, \$2 for everyone else.

Rating: Expert

Egg Hunt

3:30p.m.

9:00a.m.- 11:30a.m.

10:00a.m.-2:00p.m.

2:00p.m.-3:30p.m.

7:00p.m.

9:00a.m.11:30a.m.

10:00a.m.-12:30p.m.

10:00a.m.-2:00p.m.

Come to this spring event that is free for the whole family! There will be games, crafts and refreshments including a scavenger hunt and egg coloring. Reservations are required with 24hour advanced notice, please call 793-0511.

April 15, 2019 Lake Bonita Hike 10:00a.m.-12:00p.m. This hike has a couple ups and downs that travel around Lake Bonita. This hike is about 2+ miles and has some beautiful views of the Lake. Keep your eyes peeled and you will see some lovely rock outcroppings and maybe some neat wildlife. Registration is required with 24 hours advanced notice, please call 518-793-0511. Please meet and pay at the park office. Rating: Beginner

April 17, 2019 Moreau Overlook Hike 12:00p.m.- 2:00p.m. This hike is one of our most strenuous here at Moreau. We will be hiking 0.9 miles up to the beautiful view of Moreau Lake. This is a steep hike and towards the end it gets a bit rocky. Bring plenty of water and a snack or lunch to eat at the overlook. Registration is required with 24 hours advanced notice, please call 518-793-0511. Please meet and pay at the park office, \$1 for 62+ and children, \$2 for everyone else.

Rating: Expert

Knee High Naturalist

April 18, 2019 10:00a.m. AND 2:00p.m. This class is intended for children ages 1-6 and their parents/guardians along with any siblings. We will read a short story or two based on the outdoors and then go for a short hike hoping to see some cool wildlife. Registration is necessary with 24-hour advanced notice, please call 518-793-0511. Please stop at the office first to pay for the event. Each child costs \$1.

April 18, 2019 Turkey Path Hike 1:00p.m.-3:00p.m. This moderate hike scales half-way up the Palmertown mountain range. Learn from the park educator how this trail got its name. Reservations are required with 24 hours advanced notice, 518-793-0511. Please meet and pay at the park office. Fees apply. Rating: Moderate

April 19, 2019

Full Moon Hike Our Park Naturalist will be leading this month's Full Moon Hike. While walking around the lake, we will point out flora and fauna as the sun is setting and the moon is rising. Call for reservations with 24-hour advanced notice, 518-793-0511. Program fees apply. Rating: Beginner

April 20, 2019

Potter Point Hike

10:00a.m.-1:00p.m. Take a walk in the woods on this easily navigable and trail free parcel of the park. There will be beautiful views of the Hudson River and some neat natural wonders to explore. This is a flat, bushwhacking hike. Reservations are required with 24 hours advanced notice, please call 518-793-0511. Meet and pay at the park office. \$1 for kids and anyone over 62, \$2 for everyone else.

Rating: Beginner

April 22, 2019 Earth Day Back Pond Hike and Craft 10:00a.m.- 1:00p.m. Come enjoy the outdoors for Earth Day! We will go for a fun easy hike along the back pond and then do a fun Earth day craft. Please call the park office to reserve a spot with 24hour advanced notice, 518-793-0511. Please meet and pay at the park office. \$1 for children and seniors, \$2 for adults.

Kids River Adventure

7:00p.m.-9:00p.m.

Join us on a family friendly event for the kids! We will be hiking through the woods along the Hudson river on a little adventure to some cool spots. Please call the park office to reserve your spot, 518-793-0511. Please meet and pay at the park office. \$1 for children and seniors, \$2 for adults.

April 26, 2019Secret Life of Snakes10:00a.m.- 11:00a.m.Don't fear our friendly snakes. Come and learn about the various kinds we take care of right
here in our nature center that are also found in our park. We will talk about habitat, predators,
prey and the habits of these misunderstood creatures. Reservations are required with 24 hours
advanced notice, please call 518-793-0511. Please meet and pay, \$1 for seniors and children,
\$2 for adults, at the park office.

April 26, 2019Wetland Walk10:00a.m.- 12:00p.m.A park naturalist will lead this short easy hike around the back pond into the wetland area.
Reservations are required with 24-hour advanced notice, please call 518-793-0511. Please
meet and pay at the park office.

Rating: Beginner

April 27, 2019 Baker Trail Hike 1:00p.m.- 4:00p.m. The Baker trail is always an enjoyable and challenging hike. We will summit the

Palmertown Mtn range at a comfortable pace. Then we will hike the ridge which is rather flat and takes us past the overlook of Moreau Lake. This is a pleasant hike that if we are lucky enough we may get a chance to see some wildlife. This hike will be a about 4.5-5 miles. Reservations are required with 24 hours advanced notice, please call 518-793-0511. **Rating: Advanced**

Programs are weather permitting and are subject to change. Please call the park office to confirm event date, time and location. Participants should be prepared to spend time outside and are encouraged to wear appropriate clothing and footwear. **There are program fees with all classes**, please ask for the price when registering for each class.

Reservations are required with 24 hours advanced notice, 518-793-0511. If there are no participants signed up, classes can be cancelled at the discretion of the park. Moreau Lake State Park is located off of exit 17 S of I-87,the Adirondack Northway. For additional information or to register for programs, please call the park office at (518) 793-0511.

The New York State Office of Parks, Recreation and Historic Preservation oversees more than 250 individual state parks, historic sites, golf courses, boat launches and recreational trails, which are visited by 74 million people annually. For more information on any of these recreation areas, call 518-474-0456 or visit <u>www.nysparks.com</u>, connect on <u>Facebook</u>, or follow on <u>Twitter</u>.